



Australia's most trusted supplier into hospitals, aged care facilities and community care organisations

ABN 52 123 981 402

STICK TO STAND INSTRUCTIONS

Quickly, easily and accurately show the height to set a bed, chair or other equipment for each individual—then identify it in a way that can't be ignored, by following these easy steps.

1. Get the person to sit down and place their bare feet flat on the floor.
2. Make sure their knee forms a 90-degree angle.
3. Use the Stick-to-Stand to measure from floor to knee crease. Record this information on one of the equipment record forms, provided as part of the system.



4. Use the Stick-to-Stand to check height of the seat, bed or equipment they will use. Record this information on the equipment record form.
5. Adjust the chair, bed or equipment to the height indicated by the Stick-to-Stand.
6. Attach a blue tag to the bed so that the tag just touches the floor.
7. Use a Biro to write the person's name on a fresh yellow plastic tape to hang the tag from.
8. When the height of the bed is altered, the dark blue tag with the person's name will allow it to be correctly adjusted again for that person.

Until now, bed-making, cleaning and care activities have made it difficult to maintain adjustable-height beds at the correct height for each individual.

The Stick-to-Stand system really shines in situations where adjustable beds are used.



209699

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STICK-TO-STAND

Furniture Height Measuring System

To assist in the prevention of falls and staff manual handling problems, by setting and maintaining appropriate furniture heights for 'at risk' older and frail people.



REF No. STS-01

Rising from or sitting on a bed or chair can be difficult for older or frail people, especially if their furniture is set too low or too high.



The Stick-to-Stand furniture height system will calculate the appropriate height for each person.



Set adjustable furniture as indicated by the stick.



Bed height indicator tags ensure the bed is always returned to the safe transfer height.



Too High



Too Low



Just Right



In Bed Setting



EQUIPMENT RECORD FORM

REF No. CR001A

- Record resident lower leg length.
- Record equipment height for residents.
- Record all individual or facility owned equipment.



BLUE TAG

REF No. BH13

- Attach to bed to indicate transfer height.



ORANGE TAG

REF No. BH14

- Warns carers when bed may not be at suitable height for transfer.



BED ATTACHMENT AND ADJUSTABLE STRAP

REF No. (A) BH12, (B) BH11

- Red bed attachment strap and yellow adjustable tape to suspend blue or orange tags.

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